



## **HOME LEARNING – W/B 8/2/21**

### **CHINESE NEW YEAR – THE LEGEND OF NIAN**

The activities listed below are to be used over the course of a week. Try something different every day, but there is no expectation that you complete all of them. Sing or say the rhymes every day. Have storytime every day. Try to fit in the exercise routine every day – a la Joe Wickes!!!

As an introduction to CHINESE NEW YEAR, watch LET'S CELEBRATE ON CBEEBIES

### **NURSERY RHYME –**

#### **CHINESE DRAGON**

(To the tune of Frere Jaques)

Chinese Dragon, Chinese Dragon,

Breathing fire, Breathing fire,

Happy, happy new year, Happy, happy new year,

Kung Hei Fat Choy, Kung Hei Fat Choy

**OUTDOORS** – CHALK IT! – Using chalk create some lines on the path outdoors. They can be wavy, straight, zig zag, letters or numbers. Try to jump over the lines or walk along the lines. Have a go at the Winter Maths Challenge 4 (attached). Take a photo of your shapes.

**CREATIVE** – Make a Chinese New Year card to give to your family.

Make a Chinese lantern using the template attached. A chance for your child to practise their cutting skills.

**LISTENING AND ATTENTION ACTIVITY** – Play 'Drum Outdoors'. You will need 2 wooden spoons or sticks. Go outdoors and tap the sticks on different surfaces to hear the sounds that are created. Can you tap loudly or quietly, fast or slowly? Can you tap and sing a favourite rhyme? Which surface makes a loud sound? Can you describe the sound? eg scratchy fence panel, thudding drainpipe. Which is your favourite sound?

**HEALTHY MOVERS** – Put on some music and have a go at the routine below!

Beautiful Balance	Balance on 1 leg. Lift arms up and out to the side. Touch palms together over your head. Bring arms back down. Repeat with the other leg. Try to do it slowly.
Crazy Core	Sit on a chair. Hold the side of the chair with each hand. Use your hands to push yourself off the chair. Repeat 10 times.
Cross the Midline	IN/OUT – Start with arms open wide and straight at the elbow. Bring them in to give yourself a hug and then fling them out again. Repeat 10 times in time to the music.
Strong Body	COMBAT CRAWL – Wriggle along the floor using elbows and legs just like a soldier does.
Great Games	WONDERFUL WALKING – Can you walk forwards, backwards, quickly with small steps or slowly with giant steps? Try sideways and on tiptoes. Can you do all of these with your eyes closed?
Cool Down	Put on some quiet music. Lie down on your back and stretch out your whole body.

Don't forget to tune into Flo leading a 'Healthy Movers at Home' YouTube session every Tuesday and Thursday morning at 10.30am.

Here is the link and all sessions can be viewed either live or recorded. The sessions are based either on or around the cards that the settings have.

<https://www.youtube.com/user/YouthSportTrust>

## NUMBER RHYME

### 5 LITTLE NIAN

(To the tune of 5 Little Monkeys)  
5 little Nians jumping on the bed,  
1 fell off and bumped his head.  
Mummy called the doctor and the doctor said,  
No more Nians jumping on the bed!

Continue down to 0

STORYTIME – Watch The Story of Nian at <https://www.youtube.com/watch?v=EZM5I-g4Kng>

CHALLENGE – STEPS. Guess how many steps it will take to move across the garden/ hall/ living room. Record on the sheet below. Have a go and see how many actual steps it takes. Repeat with **tiny** steps. Repeat with **Giant** steps. Play with other members of your family.

For those of you without internet access, there are lots of interesting programmes on CBeebies to watch with your child that will help to develop their knowledge of the world around them. Try:- Show Me, Show Me, Our Family, Grace's Amazing Machines, Number blocks, Alphablocks.

Try <https://www.topmarks.co.uk> for additional resources for **Chinese New Year**

Also look at our website for films and further home learning

<https://www.atherstonenurseryschool.com/> parent tab – Spring 2021 Remote Learning

Please take photos of your child doing the activities and email them to [admin1000@welearn365.com](mailto:admin1000@welearn365.com). Add any comments that your child has made whilst doing the activities. Thank you.

No-one knows what the NIAN looks like. Draw a picture of a monster that could be NIAN.



Use this space as a score sheet for your STEPS



ME		
STEPS	GUESS	ACTUAL
Ordinary steps		
Tiny steps		
Giant steps		

MUMMY/DADDY		
STEPS	GUESS	ACTUAL
Ordinary steps		
Tiny steps		
Giant steps		

SIBLING		
STEPS	GUESS	ACTUAL
Ordinary steps		
Tiny steps		
Giant steps		

Who took the most steps? Who took the least steps/  
Why do you think that is?